

LIGHT OF THE WORLD RETREAT

- **Who**
Adults 18 and older
- **What**
An awesome retreat given by St. Thomas Parishioners to help you grow in your personal relationship with Christ.
- **Where**
Saint Thomas the Apostle Catholic Parish Family Life Center
- **When**
Tuesday, Aug 6 – Wednesday, Aug 7 –
Thursday, Aug 8
*Retreat Hours: 8:00 AM - 5:00 PM
Must register no later than June 30th
- **Cost**
There is no cost for the retreat.

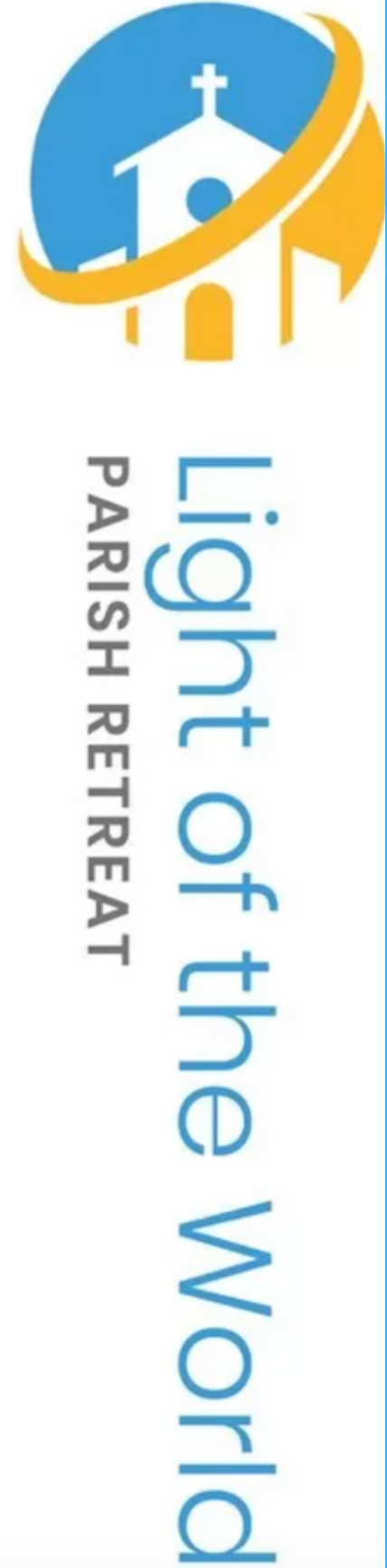


Light of the World
PARISH RETREAT

If you have any questions please call Jill St.
Yves at 704-775-2809 or via email at
jillstyves0129@gmail.com



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- **Miscellaneous Information**

Meals and snacks will be provided. Please be sure to let us know of your specific food allergies so we can accommodate them. You will sleep in your own bed each night! We also have a volunteer who is a pet sitter and has volunteered to watch your pets, e.g. let them out, feed them, play with them ... all so that you can attend the retreat all three days.

- **What to bring**

Things to make you comfortable (dress in layers, bring a sweater, pillow for your chair, your own beverage container, etc.) - temperatures fluctuate in the PFLC room. You are welcome to invite a spouse, adult children or friends to attend with you - just forward the registration link to them!

- **Retreat Expectations**

The retreat builds on itself each day, so it's really important to attend all three days of the retreat if this is the first time you are attending. If you've been before or have a concern, please contact Jill St. Yves at 704-775-2809 or via email at jillstyves0129@gmail.com to discuss.

If you have attended the retreat before, please be mindful of the new retreatants and don't share details of what will happen each day. We want them to experience the retreat as it unfolds!



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